

FREQUENTLY ASKED QUESTIONS (FAQ)

1) What is the Yoga certification scheme?

QCI has designed the Voluntary Yoga Professional Certification Scheme by adopting the principles and requirements laid down in the international standard, ISO 17024:2012 General Requirements for Bodies Operating Certification of Persons. The Scheme aims to certify Yoga professionals using the principles of third party assessment by assessing the competence requirements in terms of knowledge and skills to be complied with by the Yoga professionals. This Scheme for Yoga Professionals will evaluate four levels of competence, namely, Yoga Instructor, Yoga Teacher, Yoga Master and Yoga Acharya. Currently the Scheme assess only Level 1 INSTRUCTOR and Level 2 TEACHER.

2) What are the pre requisites to apply?

There is no pre requisites in terms of age, qualification, training or experience. However, the candidate should be physically fit for practical examination. QCI will not be responsible for any health related consequences.

3) What are the kinds of certifications?

- ∑ **Level 1** Yoga instructor certification
- ∑ **Level 2** Yoga Teacher certification

4) What is the difference between level 1 and level 2 certifications? What is the syllabus for these certifications?

Level 1 Yoga Instructor certification is a more advanced certification than **Level 2** Yoga Teacher certification. For the differences in the level and content of theoretical and practical knowledge required for each refer to the following links:

Requirements for **Level1**: http://www.yogiways.in/wp-content/uploads/2017/03/yoga_scheme_section_3a_competence_standard_level_1_yoga_instructor1.pdf

Requirements for **Level2**: http://www.yogiways.in/wp-content/uploads/2017/03/yoga_scheme_section_3_competence_standard1.pdf



5) How can I register for the certification exam?

Candidate will need to appear for an examination to obtain certificate. For this the link is provided to which the applicant need to access and register themselves.

Online registration link: <http://www.yogiways.in/register/>

- . Once the candidate has registered, the individual will be provided the login credentials for QCI account on registered email address.
2. Examination date will not be provided immediately, as and when the next exam slot opens, the candidate shall receive an SMS & email stating the examination date.
3. Candidate must visit the website regularly and check announcement section for update on next examination date as well.
4. On clearing the examination candidate will receive certification by courier

6) How long is your Certification valid?

The certificate is valid for 3 years. There will be surveillance once within 3 years when your competence will be re validated. You need to apply again for re-certification after 3 years.

7) What is the examination fee?

WAYS management has decided to the following fee to be charged from the Applicants.

- a. It is INR. **2875** including service tax for Indian nationals for Level 1 – Yoga Instructor
- b. It is INR **5750** including service tax for Indian nationals for Level 2 – Yoga Teacher
- c. It is USD **200** plus service tax for other nationals for Level 1- Yoga Instructor
- d. It is USD **400** plus service tax for other nationals for Level 2- Yoga Teacher
- e. It is INR **975** including service tax for Indian nationals for Level 1 – Yoga Instructor stage 1 (Theory) only.
- f. It is INR **1900** including service tax for Indian nationals for Level 1 – Yoga Instructor stage 2 (Practical) only.
- g. It is INR **1950** including service tax for Indian nationals for Level 2 – Yoga Teacher stage 1 (Theory) only.
- h. It is INR **3800** including service tax for Indian nationals for Level 2 – Yoga Teacher stage 2 (Practical) only.
- i. It is USD **100** plus service tax for other nationals for Level 1 – Yoga Instructor stage 1 (Theory) only.
- j. It is USD **100** plus service tax for other nationals for Level 1 – Yoga Instructor stage 2 (Practical) only.
- k. It is USD **200** plus service tax for other nationals for Level 2 – Yoga Teacher stage 1 (Theory) only.
- l. It is USD **200** plus service tax for other nationals for Level 2 – Yoga Teacher stage 2 (Practical) only.



8) What is the fee for recertification?

At the end of one cycle of three years of certification, the professional has to apply again along with application form given above and fee as decided for recertification.

The certification body will send the Renewal notice to the certified Yoga professional at least 6 months prior to expiry of certificate validity period to the registered email id of the Yoga professional and/or to the registered address.

WAYS will not recertify any certified Yoga professional whose certification is under suspension.

WAYS will review the performance of the certified Yoga professional seeking recertification (renewal of the Certificate), with respect to compliance to certification criteria during the entire certification cycle, prior to a decision on the renewal of the certificate.

- a. Fee for Certification Yoga instructors @ Rs. **2000/-**
- b. Fee for Certification Yoga Teachers @ Rs. **3500/-**
- c. Fee for Certification International Yoga instructors @ USD **100** plus service tax
- d. Fee for Certification International Yoga Teachers @ USD **200** plus service tax

The fee to be paid by cheque/ Draft/ NEFT in favor of WAYS

9) What is the language of instruction of the examination?

Candidate has to select his/ her preferred language while applying. The available languages are: Hindi, English and Kannada.

10) What is the pattern of the question paper and marking scheme of the exam?



For both levels, the exam will have two stages. Stage one is a theory examinations and Stage two is a practical examination. Refer the table below for further details.

Level	Stage	Type	Duration	No .of questions	Marks per question	Max marks	Evaluation	
							Passing percentage	Pass marks
Level 1 Instructor	Stage1 (Theory)	MCQ	1.5 hours	60	1mark	60	70%	42
	Stage2 (practical)	Demonstration/ Oral	45-60 mins	-	-	100	70%	70
Level 2 Teacher	Stage1 (Theory)	MCQ+ Subjective	3 hours	60 MCQ + 10 SUBJECTIVE	1mark (MCQ) 4marks (Subjective)	100	70% (MCQ testand Subjective test together)	70
	Stage2 (practical)	Demonstration/ Oral	45-60 mins	-	-	100	70%	70

11) Who will evaluate the exam?

- 1) Evaluation for Stage1(Theory) for both Level 1 and Level2 will be done through computer generated algorithm in case of online examination or by professional experts and evaluation for the subjective questions in Stage1(theory) of level 2 will be done by 3 Yoga experts nominated by QCI
- 2) Those candidates who clear stage1 (theory) can apply for stage2 (Practical)
- 3) Practical examination will be conducted by a team of 3 experts nominated by WAYS.

12) Do you prescribe any books?

No we do not prescribe any books, however we do describe the content and the level of knowledge the exam-taker should have. Refer Question 3. A Yoga guide book will available soon.

13) How will I know the results of the examination?

You can login to the website and check for details.

14) What if I fail in the exam?

In case a candidate fails in an examination, the candidate has to re-register and repay the fee.

15) Why is my city not there in the list of examination center?

The list of cities for the examination center is based on the likely number of applicants from that city. In such a case Candidates need to

1. Opt for any other listed city

16) What is Registry? What is the use of the Registry?

QCI will maintain a database of certified yoga professionals

1. If you are a certified professional your name will appear in the registry



2. Employers can verify whether a particular professional is certified by referring to the registry

17) How will this certification benefit me?

- 1) Standardized Government certification that will be recognized across the world
- 2) Employment Opportunities in government schools, colleges, Yoga institutions
- 3) Travel to abroad for world yoga day through Indian Council of Cultural Relations
- 4) List of successful candidates will be displayed on AYUSH Website.