

FREQUENTLY ASKED QUESTIONS (FAQ)

1. What Is the Yoga Professional Certification Scheme (YPCS)?

The honourable Prime Minister of India Shri. Narendra Modi had desired to spread India's traditional knowledge worldwide with credible systems with specific reference to Yoga which should provide India leadership in assuring quality of Yoga practices across the world. The Ministry of AYUSH in pursuance of the above and in the wake of declaration of International Day of Yoga in 2015 identified the Quality Council of India (QCI) to develop a Voluntary Scheme for Evaluation and Certification of Yoga Professionals.

QCI has designed the **Yoga Professional Certification Scheme** by adopting the principles and requirements laid down in the international standard, ISO 17024:2012 General Requirements for Bodies Operating Certification of Persons. The Scheme was presented to the **Ministry of AYUSH** and **was launched on 22 June 2015** in the valedictory function of the International Day of Yoga celebration by the Hon'ble Home Minister, Shri Rajnath Singh.

PLEASE NOTE THAT IT IS NOT A YOGA COURSE OR TEACHERS TRAINING PROGRAM. The Scheme is to validate the competence of Yoga Professionals for their knowledge and skill as per the Syllabus mentioned in the Scheme document.

2. What are the eligibility qualification/criteria needed for applying?

There is no restriction on age, qualification, training or experience. Anyone can apply who has yoga knowledge.

3. What are the Levels of Certifications?

Currently there are 2 Levels of Certifications-

- a. **Level 1** Yoga Instructor
- b. **Level 2** Yoga Teacher

4. What is the difference between Level 1 and Level 2 certifications? What is the syllabus for these certifications?

Level 1 is basic professional certification while **Level 2** is advanced. For the differences in the level and content of theoretical and practical knowledge required for each refer to the following links:

i. Syllabus for Level 1:

https://www.yogiways.in/Yoga/wp-content/uploads/2018/02/yoga_scheme_section_3a_competence_standard_level_1_yoga_instructor1.pdf

ii. Syllabus for Level 2:

https://www.yogiways.in/Yoga/wp-content/uploads/2018/02/yoga_scheme_section_3_competence_standard1.pdf



5. What is the relation between Level 1 examination and Level 2 examination?

The Level 1 and Level 2 examination are independent of each other, Level 1 is Basic and Level 2 is Advanced. Please refer to syllabus given in [Point No. 4.](#)

6. Can anyone take both the examinations (Level 1 and 2) simultaneously?

Candidate can take ONLY ONE exam in one session. Both the exams cannot be taken together in one session which applied for both theory and practical. However, candidate can register for both the Levels separately.

7. What would be the status if any candidate does not appear in exam?

If candidate after being allotted admit card for a particular exam does not appear for the exam, then the **Fee Paid** for the exam will **be forfeited** and the candidate will be marked **ABSENT**. In cases he/she wishes to appear again then the candidate will have to apply again.

8. What are Personnel Certification Bodies(PrCB)?

Quality Council of India known as QCI has approved several bodies called as Personal Certification Bodies (PrCBs) in India and abroad to conduct yoga examination in their behalf.

9. Who we are?

World Association of Yogic Science known as WAYS is a third approved Personnel Certification Body (PrCB) and is a non-profitable, non-political and non-religious body, set-up with the sole and bona-fide aim to develop and promote the knowledge, education and applications of Yoga for the benefit of all sections of the society. A self-regulatory body established in the year 2017 approved by Ministry of AYUSH, Govt. of India & Min. of Health & Family Welfare.

Our belief is that life can be managed beautifully only through a proper Yogic Diet, Asanas, Kriyas and Pranayama and Stress Management. To ensure this objective is met, it is important to have certain standards set for Yoga education. Towards this end, WAYS has tied up with the QCI for accreditation of Yoga professionals and schools.

All certificates will be issued by WAYS on behalf of the Ministry of AYUSH, Government of India.

The registered office situated at Manipal.

MANAGEMENT COMMITMENT

- Management commits to be impartial without any prejudice against caste, religion, race, gender etc.
- Fair practices are ensured to be followed
- To maintain the quality standards throughout the process.

10. How can I register for the certification?

Candidate will need to register online <https://yogiways.in/register/> and then appear for an examination to obtain certificate. Both on-line and off-line examination form is available which will be executed based on the resources available in hand by WAYS, Personal Certification Bodies (PrCBs). Centre can be added on demand for which you can drop an email on – yogiways17@gmail.com.

- i. Online Registration for General Candidates-<https://www.yogiways.in/register/>
- ii. Offline Registration-<https://www.yogiways.in/Yoga/wp-content/uploads/2018/02/application-form-1.pdf>
- iii. Online Registration for Candidates from Certified Yoga Schools - <https://www.yogiways.in/register/>

11. Do we provide the Certifications to physically disabled people?

Yes, for differently abled people, the requirement for certification would be limited to only theoretical knowledge and teaching practice. Such professionals will be certified that they have been evaluated only for Knowledge and teaching practice. The nature of disability needs to be reported to WAYS for getting approval along with medical reports (when demanded).

12. What is the procedure of certifying a student coming out of a QCI Certified School?

The candidates passing out of Certified Yoga Schools need to only appear in the written exam and are exempted from practical **however they have to upload their certificate (issued from the certified school) while filling application form.**

Level 1: The candidates needs to appear for a written examination of 100 marks. The candidate must score a minimum of 70% or more for qualifying to become a certified.

Level 2: The candidates needs to appear for a written examination of 100 marks. The candidate must score a minimum of 70% or more for qualifying to become a certified.

Currently there are total 8 Certified Yoga Schools -

- i. Sri Sri School of Yoga
- ii. New Age Yoga Institute
- iii. Hata Yoga Abhyasa And Prachara Trust
- iv. Sivananda Yoga Vedanta Dhanwantari Ashram
- v. Shri Ambika Yoga Kutir
- vi. The Yoga Institute
- vii. Satyanandan Yoga And Ayurveda Research Institute
- viii. Aayush Yog Gurukul

13. General Fee Structure for offline written (theory) and practical (demonstration) for Indian and Foreign Candidates.

Level of Certification	Particulars	Exam Centre	Theory Stage 1	Practical Stage 2	Total Fees
Level 1 - Instructor	Indian (INR)	PAN India	975	1900	2875
	Foreign (\$)	Overseas India	100	200	300
	Indians (\$)	Overseas India	100	150	250
Level 2 - Teacher	Indian (INR)	PAN India	1950	3800	5750
	Foreign (\$)	Overseas India	150	300	450
	Indians (\$)	Overseas India	150	250	400

- *Online fee structure is yet to be update.*

14. Fee Structure for online and offline written (theory) for Indian and Foreign Candidates coming from Certified Yoga School.

OFFLINE

Level of Certification	Particulars	Exam Centre	Theory Stage 1	Total Fees
Level 1 - Instructor	Indian (INR)	PAN India	1200	1200
	Foreign (\$)	Overseas	200	200
	Indians (\$)	Overseas	150	150
Level 2 - Teacher	Indian (INR)	PAN India	2000	2000
	Foreign (\$)	Overseas India	180	180
	Indians (\$)	Overseas India	160	160

ONLINE

Level of Certification	Particulars	Exam Centre	Theory Stage 1	Total Fees
Level 1 - Instructor	Indian (INR)	PAN India	400	400
	Foreign (\$)	Overseas	50	50
	Indians (\$)	Overseas	30	30
Level 2 - Teacher	Indian (INR)	PAN India	800	800
	Foreign (\$)	Overseas India	70	70
	Indians (\$)	Overseas India	60	60



15. Is the Fees Transferable?

Please note that the fee is non-transferable. Candidate will have to take up the exam whenever scheduled. The transfer of candidate from one PrCB to other is not allowed. For any Exceptions, please email us on yogiways17@gmail.com . Please note – Fees is non-refundable.

No application is rejected based on caste, colour, sex, financial or membership of any association or group.

16. Caution against Misrepresentation and Impersonation.

Anybody found behaving or presenting itself as a WAYS representative without undergoing due approval process must be reported immediately to yogiways17@gmail.com An appropriate action will be taken against all such unapproved illegal players in the market.

17. What is the Validity of the certificate?

The certificate is valid for 3 years only. However, within 18 -21 months from the date of issuance of certificate, candidate shall need to approach WAYS for a surveillance examination. This test will revalidate the existing competence of the candidate. It is the responsibility of the candidate to approach us to take the surveillance. Candidates who fail to do so will have their name removed from the registry.

The certification body will send the Renewal notice to the certified Yoga professional at least 6 months prior to expiry of certificate validity period to the registered email id of the Yoga professional and/or to the registered address. WAYS will not recertify any certified Yoga professional whose certification is under suspension.

WAYS will review the performance of the certified Yoga professional seeking recertification (renewal of the Certificate), with respect to compliance to certification criteria during the entire certification cycle, prior to a decision on the renewal of the certificate.

18. What are the languages available for exam?

Candidates have to select their preferred language while applying. Currently available languages are Hindi, English and Kannada. More languages will be added on request.

19. What is the pattern of the question paper and marking system of the exam for applicants?

For both levels (L1 and L2), the examination has two stages. There is no provision for negative marking.

- **Theory Examination** - The questions are of multiple choice questions (MCQ) type for both offline and online exam. In offline exams, the answer sheet will be in form of the Optical Mark Reader (OMR) while in online the software will generate the result.

- **Practical Examination** - The candidate will be assessed by a panel of 3 examiner. One Lead and other two co-examiners

Level 1:

a. The Scheme requires 30% weightage from written exam (knowledge) and 70% weightage from practical (skill) exam. The candidate needs to score a total of 70% marks cumulatively (theory + practical) for passing.

Level 1 Modalities

- i) The written exam shall comprise of 50 questions of 2 marks each totalling 100 marks of which 30% shall be considered for final evaluation.
- ii) The practical shall comprise of 100 marks of which 70% will be considered for final evaluation.
- iii) There are no qualifying marks for written exam and the candidate needs to decide if they wish to undertake practical exams based on their readiness.
- iv) The cumulative score for written and practical needs to be 70% or more for passing.

Level 2 Modalities

- i) The written exam for Level 2 will be of 100 marks.
- ii) The theory (written) paper shall consist of two sections – A and B. Section A shall consist of 60 objective type questions of 1 mark each and section B shall consist of 20 objective type questions of 2 marks each.
- iii) The candidate must score a minimum of 70% marks as the qualifying marks to become eligible for practical examination.
- iv) The practical exam will be of 100 marks of which the candidate needs to score 70% for being eligible for certification.
- v) There is a provision to conduct the practical exams on the same date or on a different day. The clauses of fee structure and reappearing shall be applicable for both L1 and L2

20. What is next after Registration?

Once the candidate has registered successfully then the individual will be provided the **login credentials** on registered email address for operating their dashboards. Candidate has to pay online fees so that we shall start their process of taking examinations. Please note Examination date will not be provided immediately, as and when the next exam slot opens, the candidate shall receive an SMS & email stating the examination date of theory and practical. Candidate must visit the website regularly and check announcement section for daily updates.

Preference will be given to only PAID Candidates.

21. What if I do not find the Centre in Application Form?

Candidate can write to us seeking centre near their location – yogiways17@gmail.com

22. What is Reappearing/Re-evaluation – Reappearing and Fees Structure?

Applicable for both theory and practical exam.

- a) Candidates are allowed for one reappearance for theory and one reappearance for practical on payment of the stipulated fee.
- b) Candidates cannot reappear twice for either theory or practical on payment of the stipulated fee.
- c) The reappearing candidates shall undergo written and practical that will have the same format as for fresh candidates.
- d) After completion of the stipulated re-appearance chances, the candidates needs to apply afresh.

Re-evaluation – Applicable for only written exam (rechecking). Candidate that wish to recheck their marks in written (theory) exam within 15 days of declaration of results.

Re-evaluation Fee/Re-appearing Fees India Candidates

Levels of Certification	Fees for Indian (INR)	Fees for Foreign (\$)	Fees for Indian (overseas centre) \$
Level 1 Theory	975	100	100
Level 1 Practical	1900	200	150
Level 2 Theory	1950	150	150
Level 2 Practical	3000	300	250

23. Are there any prescribed Books?

We do not prescribe any books; however, we do prescribe the syllabus that is freely available on our website. Yoga official guidebook is available on call **09902135473**; you can order offline – handling and package will be extra as per actual.

e-book Level 1 – <http://excelbooks.com/yoga/level1/>

e-book Level 2 – <http://104.199.212.164/ebookyoga/ebook/files/basic-html/index.html>

24. How will I know the results of the examination?

The result of the candidates will be published directly on their dashboards. Candidate can login <https://www.yogiways.in/login/> into their dashboard via our website for the results. The results are not made public respecting the individual privacy and will not be disclosed publicly.

25. What if candidate fails in the Examination?

If the candidate fails the examination, the candidate could re-appear as per reappearing/re-evaluation policy.

- a) Level 1- If candidate fails in examination (theory and practical) then he/she can make a re-appearance in either theory or in practical by paying stipulated fees.



- b) Level 2 - If candidate fails in theory; he/she can make a re-appear in theory by paying stipulated fees, if candidate fails in practical; he/she can make a re-appear in practical. If candidate is failed in theory and practical both then he/she has to register again.

26. What is Registry? What is the use of the Registry?

WAYS will be maintaining a database of certified yoga professionals. This will Comprise of all the candidates who have passed the exams. Assist the employers in verifying whether a professional is certified. It will assist the students for identifying a teacher. Please be informed that the candidates that fail to lend themselves to surveillance within the stipulated term of 18-21 months shall be removed from the registry. All such candidates shall be solely responsible for all the consequences arising out of the expulsion from the registry.

27. How will this Certification Benefit me?

- a) This Scheme is supported by the Government of India
- b) Ministry of External Affairs body, the Indian Council of Cultural Relations (ICCR) has recognized the Yoga Professional Level 2 certification and made it as a pre-requisite for foreign deputation for promotion of Yoga
- c) State Governments are keenly interested to insert this as a requirement for their recruitment drive from time to time - e.g. Government of Haryana
- d) Probability of higher employment opportunities in government schools, colleges, Yoga institutions.
- e) List of successful candidates will be displayed on AYUSH website for providing any further opportunities arising
- f) It will assist the learners in seeking qualified Yoga teachers.

28. What if I'm not satisfied with my evaluation?

If the candidate is not satisfied with his marks, they are permitted to apply for reevaluation/rechecking.

- Payment Mode –NEFT, Cheque, DD payable to the World Association of Yogic Science
- Candidate can apply for re-evaluation within 15 days from the date of result declaration.
- The total time taken for re-evaluation process is 30 working days from date of payment being received.

29. How much time is allowed for a candidate to clear Stage II (practical exam) after passing the Theory exam?

Stage 2 exam for Level 1 and Level 2 has to be cleared within 60 days of the result declaration of stage 1. WAYS will inform the candidate date, time and venue of the examination.

30. How does the candidate contact WAYS?

For candidate's convenience, we have the following landline number – 0820-2573541 and send your email on yogiways17@gmail.com

Please note that calls may be recorded for training and quality purposes.



31. How to reach us?

Our Registered office address is – #47, 1st Stage, Ananth Nagar Manipal – 576 104, Karnataka

32. Are we on Social Media?

Yes.

Follow us on Facebook <https://www.facebook.com/yogiwayscertification>

Subscribe us on YouTube <https://www.youtube.com/channel/UCmXyWAvl6XH-qbUa2HudEUQ>

Website <https://www.yogiways.in>

Follow https://twitter.com/YOGI_WAYS

33. Any Query/Feedback?

We have a section of feedback, you can also give us your valuable feedback

<https://www.yogiways.in/Yoga/contact-us/>

34. Complaint/Appeal handling Section?

<https://www.yogiways.in/Yoga/wp-content/uploads/2018/02/complaints-and-appeal-handling-1.pdf>

35. Looking for an opportunity as an Examiner/Yoga Expert/Consultant?

E-mail your resume along with scan copies of all certificates on ruchi@yogiways.in.